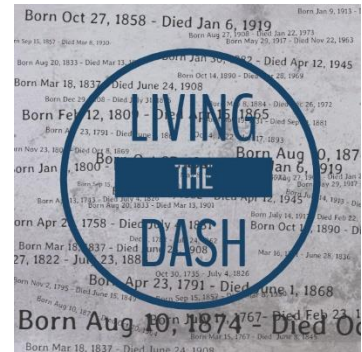




Sunday May 21



Sunday, May 21: Finding Rest and Peace

How to Use Talk It Over:

This resource is to help you and your group discuss, in greater detail, the messages at Christ Church Otsego. The hope is for you to remember the content, read scripture, and discuss the application to your own life.

Pastor Greg's Main Idea: Finding rest and peace as you “live your dash” is not the result of a vacation. It’s the result of a relationship.

Scripture Passage: Matthew 11:25-30 (Theme verse: 28)

- Read the scripture again as a group.
- What does Jesus invite us to do? Who is included? What does he promise?
- What tires you out and makes you weary?
- What burdens are you carrying these days for yourself or others?

Discussion Questions:

- What has God hidden from the “wise and learned” but revealed even to children? See Matthew 11:25-26
- How does knowing Jesus personally also connect us in an intimate relationship with our Heavenly Father? Matthew 11:27
- Talk about the image of the yoke and oxen plowing a field. What does it take for their work to go well and be easier? Right now, are you pulling against Jesus in any area of your life... or working with him?
- What is something that you have learned from Jesus in the last couple of months? See Matthew 11:29.
- Which do you struggle with the most; finding rest for your body or your soul (mind and emotions)? Share why.
- Even with life’s challenges, share something that Jesus is doing in your life to make your “yoke easy” and your “burden light?”

Pray for one another and any weariness and burdens for which you need release today.

If you have any questions from this discussion or the message email them to info@christchurchotsego.org.